

The horse riding trail takes in a circular route of about 4.5mls (7km) in the Glengowna area of the forest. The trail is waymarked along a metalled track allowing the rider to enjoy the area without straying into the main recreational block.

There are three mountain bike trails situated in the northern section of the forest above the Glenpark Road. The Trails are graded from Basic, Moderate, Intermediate, to Expert which is suitable for the experienced cyclist only.

Please ensure you are aware of the personal safety requirements posted at the commencement of these trails.





# **GENERAL INFORMATION**

pening ours:	The Forest Park is open every day of the year from 10.00am until sunset.
dmission:	Charges are displayed at
	the entrance to the Park.
ervices:	Camping Site.
	Picnic and Barbecue areas.
	Way-marked Trails.
	Mountain Bike Trails.
	Horse-riding Trail (by permit).
	Guided Tours (bookable by
	organised groups).
	Orienteering and Educational Trails.
	Special events (arranged by permit).
	Wedding Photographs (arranged
	by permit).
If you have any s	special needs arising from a disability,
Forest Service will be happy to assist, where we can.	

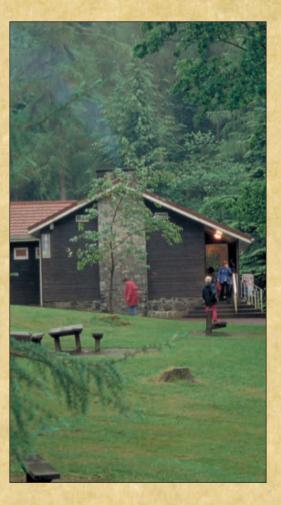
*or further information and bookings contact:* District Forest Office, Inishkeen House Killyhevlin, Enniskillen, BT74 4EJ Telephone: 028 6634 3165

www.nidirect.gov.uk/forests





# GORTIN GLEN





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Gortin Glen Forest Park is situated 6 miles outside Omagh at the western gateway to the Sperrin Mountains. The Park was first opened in 1967 and embraces some 1534 hectares of ground. It has the distinction of being the first to be established in a purely coniferous woodland which was originally planted for the sole purpose of timber production.

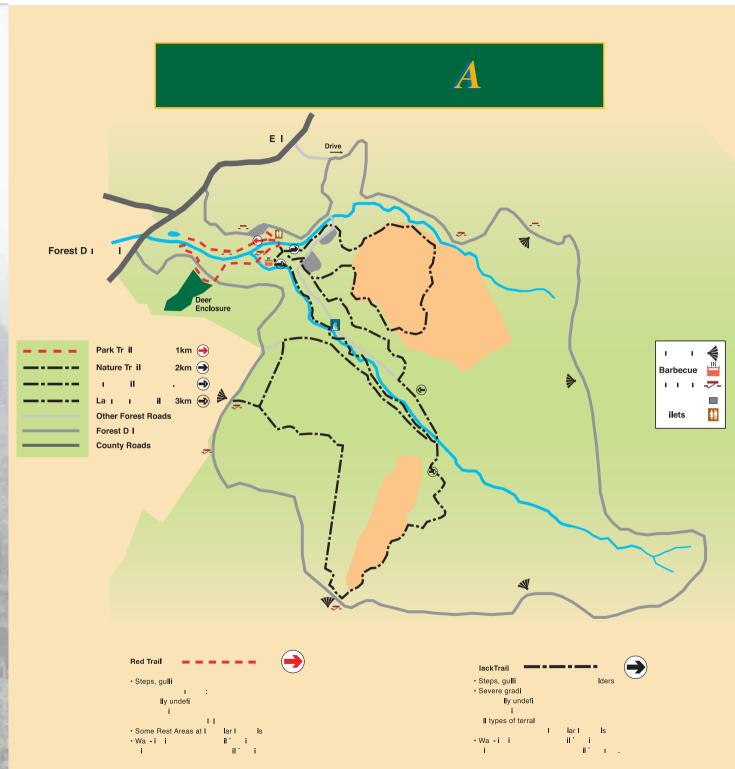
## **The Forest Drive**

A major recreational feature of the forest is the five mile long drive which offers some breathtaking views. A number of vista parks have been created where the motorist can pull in and without getting out of the car enjoy the magnificent scenery.

### **Education and Orienteering Trails**

Throughout the Park are specially selected marked trails, which are designed for use by schools and youth organisations. They can be tailored to suit virtually any age or ability. The assistance of a Forest Guide is available to pre-booked organised groups. For more details contact the District Forest Office.





## AY-MARKED TRAILS

A range of trails start from the finger post in the main car park. They give the visitor the chance to enjoy the Park's natural flora and fauna at its best. All the trails are colour coded and return to the car park.

## Park Trail (1km)

Within a short walk of the car park there are two wildlife enclosures. Follow the Red trail to see the collection of wildfowl in a beautiful pond setting (300 metres). Follow the trail a little further and it will take you over the bridge to the deer enclosure that is home to a small herd of Sika deer. The trail then gently winds through the trees and picnic area, back to the car park.

## Nature Trail (2km)

This trail takes in all aspects of the forest's diverse landscape. Starting in the car park the trail follows the stream for about 200metres before moving up through the trees. Soon the track leads to open bogland where yuou will be rewarded with excellent views of the surrounding countryside. The path winds downhill to the car park where the observant and quiet visitor may catch sight of one of our resident Red squirrels.

## **River Trail (2.3km)**

Using a series of steps and bridges this trail tracks the course of the lovely Pollan Burn. Impressive views of the gorges, cut out from the underlying rock, are

breathtaking. After 1 km, at a stone bridge, the trail turns back downhill, and meanders through the forest and back to the car park. At the bridge there is the option of taking a 3km circular route (Ladies View Trail).

## Ladies View Trail (5.3km)

This trail continues from the highest point of the River Trail, following part of the Ulster Way for 1km to the Ladies Wiew point for striking views of the hills and countryside. The path then winds down the hill to a second viewing point looking over the Tyrone landscape. The trail returns by joining the return path of the ladies Trail from the stone bridge back to the car park.





